



SAMPLE ALPHA SCHEDULE

The number of weeks to run Alpha depends on how many sessions you include on your Alpha Weekend/Day.

For example, if you're using the Alpha Youth Film Series and you include a fourth talk on your weekend rather than three, your Alpha will take 8 weeks instead of 9.

ALPHA YOUTH SERIES (8-10 WEEKS)

- Week 1** – Life: Is This It? **(Launch Party*)**
- Week 2** – Jesus: Who Is Jesus?
- Week 3** – Cross: Why Did Jesus Die?
- Week 4** – Faith: How Can I Have Faith?
- Week 5** – Prayer: Why and How Do I Pray?
- Week 6** – Word: Why and How Do I Read the Bible?

Alpha Weekend

- Follow** – How Does God Guide Us Into Full Life?
- Spirit** – Who is The Holy Spirit and What does He Do?
- Fill** – How Can I be filled with the Holy Spirit?

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- Week 7** – Evil: How Can I Resist Evil?
 - Week 8** – Healing: Does God Heal Today?
 - Week 9** – Church: What About Church and Telling Others?

Optional Celebration Wrap Party**

ALPHA FILM SERIES & ALPHA WITH NICKY GUMBEL (11 WEEKS)

- Week 1** – Is There More to Life Than This? **(Launch Party*)**
- Week 2** – Who Is Jesus?
- Week 3** – Why Did Jesus Die?
- Week 4** – How Can We Have Faith?
- Week 5** – Why and How Do I Pray?
- Week 6** – Why and How Do I Read the Bible?
- Week 7** – How Does God Guide Us?

Alpha Weekend

- Introduction to the Weekend
- Who is the Holy Spirit?
- What does the Holy Spirit Do?
- How Can I be filled with the Holy Spirit?
- How Can I Make the Most of the Rest of My Life?

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- Week 8** – How Can I Resist Evil?
 - Week 9** – Why and How Should I Tell Others?
 - Week 10** – Does God Heal Today?
 - Week 11** – What about the Church?

Optional Celebration Wrap Party**

* A Launch Party is a fun, pressure-free way to introduce how Alpha will run over the coming weeks. There is no small group discussion after the Intro Talk.

** A Celebration Wrap Party is an opportunity for guests to invite their friends and share their experiences on Alpha. There is no Alpha Talk, however, you may wish to show the Intro Talk again.

SAMPLE ALPHA SESSION



Customize these schedules as needed
for your group.

ALPHA YOUTH SERIES

120 MINUTE SESSION

- 1 hr before** – Alpha Team does set up
- 30 min before** – Brief team meeting & prayer time
- Alpha begins**
- 10 min** – Guests arrive and mingle
- 30 min** – Food
- 10 min** – Ice breaker game/welcome/skit/video
- 40 min** – Alpha talk with discussion
- 10 min** – Extra small group discussion
- 20 min** – Post session mingle time with optional games or snacks/dessert
- Alpha ends**
- 15 min** – Debrief with Alpha team

45-MINUTE SESSION (EG. DURING LUNCH HOUR)

- 10 min before** – Alpha Team does set up & short prayer
- Alpha begins**
- 3 min** – Guests arrive, eat together, relax/mingle
- 2 min** – Welcome (encourage them to start eating)
- 35 min** – Alpha talk with discussion
- 5 min** – Short time to mingle
- Alpha ends**
- 10 min** – Debrief with Alpha team (or later)

ALPHA FILM SERIES & ALPHA WITH NICKY GUMBEL

130 MINUTE SESSION

- 1 hr before** – Alpha Team does set up
 - 30 min before** – Alpha Team info chat & prayer
 - Alpha begins**
 - 10 min** – Meet & greet, welcome
 - 45 min** – Dinner
 - 30 min** – Alpha talk
 - 45 min** – Small group discussion
 - Alpha ends**
 - 15 min** – Debrief with Alpha team
- *If you decide to include a time of worship, include it before the Alpha talk and discussion